

## TIEMPOS MEDIO FONDO

Pto	Dorsal	Nombre	Sexo	Pto Sexo	Club	T. Final	a	T. Neto	V Media
1	705	Alfredo Lopez Moral	M	1	C.c.rias Baixas-Btt Os Leentos	01:18:18,70	--	01:17:13,60	31.5
2	721	Miguel Angel González Lorenzo	M	2	Ninguno	01:20:24,70	+00:02:06,00	01:17:11,80	30.7
3	726	Camilo González Lorenzo	M	3	Ninguno	01:20:29,40	+00:02:10,70	01:17:15,40	30.7
4	702	Arturo Gomez Vilar	M	4	Teis, C.c.	01:23:26,10	+00:05:07,40	01:22:08,50	29.6
5	283	Juan Ángel Iglésias Alonso	M	5	A.d. A Forna (Budiñobike-Canteiros)	01:23:40,30	+00:05:21,60	01:20:26,80	29.5
6	751	Placido Lima Pinto	M	6	C.c.nsb Celanova	01:26:59,00	+00:08:40,30	01:24:42,00	28.4
7	731	Jose Luis Castro Conde	M	7	Ninguno	01:31:15,80	+00:12:57,10	01:31:03,60	27.0
8	739	Santiago Gonzalez Sueiro	M	8	Ninguno	01:36:14,00	+00:17:55,30	01:33:54,90	25.6
9	720	Marcos Martínez Otero	M	9	Ninguno	01:38:30,00	+00:20:11,30	01:32:54,60	25.0
10	717	Miguel Angel Fortes Parada	M	10	Ninguno	01:39:27,50	+00:21:08,80	01:34:45,10	24.8
11	713	Alberto Iglesias Comesaña.	M	11	Ninguno	01:39:30,10	+00:21:11,40	01:34:57,80	24.8
12	715	Juan Bufido Freire	M	12	Codigo Atlantico	01:39:31,20	+00:21:12,50	01:34:48,10	24.8
13	712	Marcelo Graciano Landin	M	13	Ninguno	01:40:06,20	+00:21:47,50	01:35:34,20	24.6
14	714	Gustavo Budiño Freire	M	14	Ninguno	01:40:10,80	+00:21:52,10	01:35:35,70	24.6
15	716	Miguel Angel Rodriguez Basalo	M	15	Ninguno	01:41:46,60	+00:23:27,90	01:36:11,20	24.2
16	711	Jonathan Lopez Penedo	M	16	Ninguno	01:48:05,00	+00:29:46,30	01:42:27,40	22.8
17	719	Adrian Lamas Lorenzo	M	17	Ninguno	01:48:05,70	+00:29:47,00	01:42:28,70	22.8
18	718	Raul Rodríguez Estévez	M	18	Raul80	01:48:07,00	+00:29:48,30	01:42:30,60	22.8
19	750	Pamela Pérez Rodríguez	F	1	Cc Os Mosqueteiros	01:50:31,60	--	01:45:42,70	22.3
20	749	David Lorenzo Quiroz	M	19	Cc Os Mosqueteiros	01:50:34,40	+00:32:15,70	01:45:45,20	22.3
21	722	Adrián Gonzalez Alba	M	20	Ninguno	01:52:28,30	+00:34:09,60	01:48:56,60	21.9
22	592	Alejandro Lorigados Carreira	M	21	Ninguno	01:53:30,90	+00:35:12,20	01:47:44,20	21.7
23	710	Jose Dopazo Mesego	M	22	Ninguno	01:59:10,10	+00:40:51,40	01:53:05,60	20.7
24	729	David Piñeiro García	M	23	Team Corbelo	01:59:47,20	+00:41:28,50	01:51:50,60	20.6
25	735	Felipe Represas Boente	M	24	ADA	02:04:16,50	+00:45:57,80	01:54:26,40	19.8
26	734	Pablo Francisco Rodriguez	M	25	Ninguno	02:04:18,50	+00:45:59,80	01:55:59,70	19.8
27	732	Jose Adame Moldes	M	26	Ninguno	02:16:33,00	+00:58:14,30	02:02:23,40	18.1
28	733	Elena Maceira Zambrano	F	2	Ninguno	02:16:36,10	+00:26:04,50	02:02:23,60	18.0
29	703	Francisco Alfonso Calvo Santos	M	27	Ninguno	02:21:44,10	+01:03:25,40	02:03:59,20	17.4
30	704	José Manuel Calvo Santos	M	28	Ninguno	02:21:44,70	+01:03:26,00	02:04:01,10	17.4
31	736	Javier Covelo Fernandez	M	29	Ninguno	02:24:37,30	+01:06:18,60	02:12:06,90	17.0
32	737	Jesus Portela Cariño	M	30	Ninguno	02:25:50,20	+01:07:31,50	02:17:31,70	16.9

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Pto	Dorsal	Nombre	Sexo	Pto Sexo	Club	T. Final	a	T. Neto	V Media
33	738	Jaime Frade Castro	M	31	Ninguno	02:32:40,70	+01:14:22,00	02:18:28,10	16.1
34	746	Anxo Carril Rojas	M	32	Coruxo C.c.	02:34:14,40	+01:15:55,70	02:33:38,50	16.0
35	747	Pablo Rodriguez Gonzalez	M	33	Club Ciclista Coruxo	02:34:14,90	+01:15:56,20	02:33:38,70	16.0
36	190	Cesareo Sotelo Fontenla	M	34	Team Corbelo	02:35:15,40	+01:16:56,70	02:34:46,60	15.9
37	753	Diego Afonso Iglesias	M	35	Club Ciclista Vigués	02:44:06,00	+01:25:47,30	02:26:19,20	15.0
38	122	Etelvino Perez Ruiz	M	36	C.c.traviesas	02:44:44,90	+01:26:26,20	02:43:20,60	15.0
39	326	Esperanza Garrido Pérez	F	3	A.d. A Forna (Budiñobike-Canteiros)	02:47:09,90	+00:56:38,30	02:45:11,00	14.7
40	730	Alejandro Pintos Barreiro	M	37	Ninguno	02:48:33,20	+01:30:14,50	02:46:22,20	14.6
41	752	Adrian Benavides Puente	M	38	Ninguno	02:51:27,70	+01:33:09,00	02:48:19,00	14.4
42	324	Miguel Ángel Castiñeiras Enriquez	M	39	Traviesas C.c.	02:56:37,50	+01:38:18,80	02:55:09,10	13.9
43	54	Ricardo Blanco Cordero	M	40	C. C. Erastaquí	03:11:47,40	+01:53:28,70	03:08:49,90	12.8
44	286	David Correa Pérez	M	41	Ninguno	03:12:52,90	+01:54:34,20	03:10:08,90	12.8
45	15	Xabier Gigirey Vázquez	M	42	Bici O Con	03:17:25,40	+01:59:06,70	03:14:40,20	12.5
46	20	Juan Carlos Salgueiro Rodríguez	M	43	Endorfina	03:18:17,50	+01:59:58,80	03:14:54,90	12.4
47	152	Luis Zulueta Canabal	M	44	Prudencio Team G21	03:19:00,00	+02:00:41,30	03:13:00,30	12.4
48	709	Roberto Iglesias Fernández	M	45	Ninguno	03:19:19,40	+02:01:00,70	03:15:45,50	12.4
49	708	Pablo Barata Martinez	M	46	Ninguno	03:19:20,40	+02:01:01,70	03:15:46,50	12.4
50	372	Javier Silveira Curras	M	47	Ninguno	03:20:16,40	+02:01:57,70	03:17:04,10	12.3
51	127	Jose Luis Alba Alonso	M	48	Ninguno	03:20:22,40	+02:02:03,70	03:17:09,60	12.3
52	454	Ivan Armada Alvarez	M	49	Ninguno	03:22:16,30	+02:03:57,60	03:19:23,90	12.2
53	254	Julio Viana López	M	50	Túzarus	03:22:30,10	+02:04:11,40	03:20:33,10	12.2
54	411	Pedro Menduiña Otero	M	51	Ninguno	03:27:01,40	+02:08:42,70	03:23:41,00	11.9
55	355	Juan Carlos Diz Lamas	M	52	Ninguno	03:28:05,40	+02:09:46,70	03:23:24,00	11.8
56	82	Diego Garcia Otero	M	53	+Enduromtb	03:29:20,80	+02:11:02,10	03:27:37,90	11.8
57	208	Gustavo Casal Seijo	M	54	Bttropa Do Carallo	03:31:01,20	+02:12:42,50	03:27:52,40	11.7
58	56	Vanessa Rodríguez Cajaraville	F	4	Bttropa Do Carallo	03:31:02,40	+01:40:30,80	03:27:54,20	11.7
59	242	Baldomero Garcia Fernandez	M	55	Ninguno	03:32:56,50	+02:14:37,80	03:27:39,90	11.6
60	96	Miguel Gallego Pérez	M	56	+Enduromtb	03:33:02,40	+02:14:43,70	03:31:19,10	11.6
61	74	Celso Carnero Ferreiro	M	57	+Enduromtb	03:33:02,60	+02:14:43,90	03:28:31,80	11.6
62	46	Luis Alberto Fernandez Vilas	M	58	CODIGO ATLANTICO, G.C.	03:35:49,30	+02:17:30,60	03:32:40,60	11.4
63	177	Rafa Pauner Corbeto	M	59	Ninguno	03:36:13,20	+02:17:54,50	03:33:49,10	11.4
64	183	Carlos Miguel Tejerina Rodeiro	M	60	Xtrembike	03:36:53,00	+02:18:34,30	03:30:56,60	11.3

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65	182	Francisco Javier Gil Gonzalez	M	61	Ninguno	03:36:53,30	+02:18:34,60	03:30:56,90	11.3
66	329	Juan Antonio Valverde Iglesias	M	62	Ninguno	03:37:14,50	+02:18:55,80	03:34:17,90	11.3
67	417	Hugo Alonso Garcia	M	63	Ninguno	03:37:51,20	+02:19:32,50	03:32:04,30	11.3
68	354	Marcos Diz Lamas	M	64	Ninguno	03:39:43,40	+02:21:24,70	03:34:56,80	11.2
69	356	Diego Gómez Fernández	M	65	Ninguno	03:39:43,70	+02:21:25,00	03:35:07,70	11.2
70	358	Jose Luis Pérez Vega	M	66	Ninguno	03:39:46,00	+02:21:27,30	03:34:55,70	11.2
71	359	Elías Pérez Carrera	M	67	Ninguno	03:39:46,80	+02:21:28,10	03:35:10,40	11.2
72	353	Jesús Félix Seara Quintas	M	68	Ninguno	03:39:47,70	+02:21:29,00	03:35:00,90	11.2
73	65	Marcos Otero Neira	M	69	Bikestrada	03:40:29,00	+02:22:10,30	03:36:42,70	11.2
74	352	Jose Eladio Sotelo Blanco	M	70	Ninguno	03:41:27,30	+02:23:08,60	03:36:51,00	11.1
75	357	Roberto Gómez Fernández	M	71	Ninguno	03:41:54,80	+02:23:36,10	03:37:19,00	11.1
76	742	Daniel Gonzalez Fagundez	M	72	Ciclismo Oiense	03:44:21,30	+02:26:02,60	03:40:25,80	11.0
77	396	Jacobo Alonso Iglesias	M	73	Ninguno	03:46:46,20	+02:28:27,50	03:46:15,90	10.9
78	312	Ruben Navia Iglesias	M	74	Keltic Vigo	03:53:55,90	+02:35:37,20	03:50:10,00	10.5
79	276	Julia Castro Colorado	F	5	Ninguno	03:53:56,90	+02:03:25,30	03:50:11,50	10.5
80	7	Wenceslao Gandon Dacosta	M	75	Stremebike	04:00:44,80	+02:42:26,10	03:58:02,70	10.2
81	723	Marcos Santos Serpa	M	76	Ninguno	04:01:52,80	+02:43:34,10	03:59:00,30	10.2
82	743	Brais Carpenente Erquicia	M	77	Ninguno	04:02:10,00	+02:43:51,30	03:57:19,90	10.2
83	724	Eloy Martinez Barcia	M	78	Ninguno	04:02:10,20	+02:43:51,50	03:58:09,90	10.2
84	277	César Ferreira López	M	79	+Enduromtb	04:02:45,40	+02:44:26,70	03:55:59,00	10.1
85	288	Jesus Gato Alonso	M	80	+Enduromtb	04:03:20,90	+02:45:02,20	03:56:34,10	10.1
86	741	Alexandre Casal Rivas	M	81	Ninguno	04:07:18,10	+02:48:59,40	04:03:23,00	9.9
87	245	Santiago Pintos Giráldez	M	82	A.d. A Forna (Budiñobike-Canteiros)	04:07:46,80	+02:49:28,10	03:57:18,00	9.9
88	314	Alejandro Vazquez Riveiro	M	83	Ninguno	04:07:47,80	+02:49:29,10	03:57:18,60	9.9
89	463	Jose Miguez Piñeiro	M	84	Ninguno	04:07:51,10	+02:49:32,40	04:03:24,20	9.9
90	477	Pedro Álvarez Durán	M	85	Ninguno	04:11:06,20	+02:52:47,50	04:06:28,00	9.8
91	85	Santos Vila González	M	86	+Enduromtb	04:41:59,20	+03:23:40,50	04:36:33,80	8.7
92	482	Enrique Suarez Prol	M	87	CLUB CICLISTA VIGUES	05:16:01,10	+03:57:42,40	05:07:35,10	7.8
93	483	David Daniel Gonzalez Alvarez	M	88	CLUB CICLISTA VIGUES	05:16:05,70	+03:57:47,00	05:07:40,70	7.8
94	480	Valentin Rodriguez Fernandez	M	89	CLUB CICLISTA VIGUES	05:19:33,10	+04:01:14,40	05:08:22,10	7.7
95	728	Beatriz Fernández	F	6	Ninguno	05:20:45,10	+03:30:13,50	05:08:28,50	7.7
96	727	Alejandro Martinez Álvarez	M	90	Ninguno	05:20:48,00	+04:02:29,30	05:08:33,30	7.7